



## 3 ZINNEN Ski-Marathon - Saturday 10.01.2026



### SHORT DISTANCE 30 KM

#### GRIP ZONE

Apply a layer of **STAR STICK BASE** mixed with **STAR STICK M16**. Iron the mixture and allow it to cool completely. After apply two layers of **STAR STICK S15**, smoothing with a cork.



#### GLIDE ZONE

Apply a layer of **STAR POWDER ALL CONDITIONS**. Iron the powder, then scrape and brush with a horsehair-brush followed by a nylon-brush. After apply a layer of **STAR LIQUID COLD DARK** and polish with a wool roto brush.

Instead of **STAR POWDER ALL CONDITIONS** you can also use **STAR POWDER DARK COLD**.

By KRALER SPORT TOBLACH

